🥗 Developmental News To You 🖉



June 2023 Newsletter

In this newsletter, you will find some very helpful tips and resources that will help you through the process of the next steps for your child after the age of three. You will also find summer safety tips and playing with water, as well as, some fun Father's Day activities.

TEIS Extended option: You may choose to keep all services after age of three if your child has been determine to qualify. To qualify you must have child evaluated through local school system to see if they are eligible.

What families need to know: English Spanish TEIS Pathway Supporting Family Decision-Making

Guide to parents right in special Ed.

Get extra support when needed:

<u>TNStep</u> <u>Tn. Disability Pathfinder</u> <u>Disability of TN</u> <u>Tn. Voices for children</u> <u>The Arc of Tn.</u>

Conscious Discipline: What is it and why does it work

Did you know that research shows that conscious discipline has been shown to reduce aggression, hyperactivity and conduct problems among children? Conscious discipline teaches that adults can help shift children into their Executive Brain state by modeling calm, thoughtful, non-aggressive responses to problems and conflicts. When used appropriately, it inverts the focus of the child discipline by teaching the child what to do instead of what not to do.

Parenting Toolbox



Fun crafts and activities for Father's Day

Even though Father's day is one day out of the year, we can still enjoy doing many crafts and activities with dad all year long. Spending time with fathers create a special bond between fathers and their children. Here are a few fun craft ideas and activities.

Click for video

Other fun activities with dad



Resources:

https://babynavigator.com/16-gestures-by-16-months/ https://teachmetotalk.com/category/podcast/ http://fgrbi.com/resources-for-families/

https://cdctn.org/early-intervention

Happy Father's Day.





Summer Fun!

It is so nice outside and if possible, go out and play in the morning or later in the afternoon. Watch out for over heating and the sun. If out for extended time, please have shade and plenty of sunscreen for your little ones as their skin is much more sensitive than your skin.

Baby outdoor summer activities

Toddler outdoor summer activities.

Outside Water and pool Safety

Yes, it's summer and the water looks so inviting and fun. Please remember that it only takes a few inches of water to drown. Watch out for not only swimming pools but puddles, buckets, and other areas in and out of the home with standing water.

Safety tips and learning to swim with baby. Click on picture.



Discipline and Limit Setting

While we wish our little ones to be happy all the time, in reality, that is not always the case. Just like adults, they too have feelings and emotions. Little ones have a hard time controlling those feelings so we as parents need to show them how to handle those feelings appropriately.

Helping toddlers manage emotions

Why saying "Good Job" isn't so good!

10 Ways to Discipline Your Children



Click picture for some funny clips with dad. We all can use a good laugh.

Events:

June 17th 7-5pm <u>RC MoonPie</u> <u>Festival</u> Bell Buckle

<u>Lucky Ladd Farms</u>: June 3 Kids Construction fun festival June 22 Sunflower Spectacular

Katie Beckett: Program is for children who are not Medicaid eligible because of their parent's income or assets.

How to enroll.